



## **UNIFORM LIST**

### **BALLET**

#### **Tots**

Regulation I.S.T.D. Sky blue ruched or plain fronted leotard  
Sky blue circular chiffon skirt  
Pink socks & pink leather ballet shoes with elastic  
Optional – pink, blue or black wrap over cardigan, blue headband

#### **Primary**

Regulation I.S.T.D. Sky blue ruched or plain fronted leotard  
Sky blue circular chiffon skirt  
Pink socks, pink leather ballet shoes with satin ribbons  
Optional – Pink, Blue or black wrap over cardigan, blue headband

#### **Grade 1, 2, 3, 4**

Regulation I.S.T.D. Sky blue ruched or plain fronted leotard  
and blue belt  
Pink seamed tights, pink leather ballet shoes with satin ribbons

#### **Grade 5/Grade 6/Intermediate/Advanced**

Black leotard (any style with standard straps not cross over straps)  
Senior Acro Bra-Tek leotard can be worn.  
Pink seamed ballet tights, pink leather ballet shoes with satin ribbons  
Pink pointe shoes

### **TAP**

#### **Tots**

Same as ballet uniform, black tie tap shoes with front tap only

#### **Primary/Grade 1**

Catsuit (Lycra, any colour, sleeveless with stirrups)  
White socks, black tie tap shoes with Teletone taps (heel & toe)

#### **Grade 2**

Catsuit (Lycra, any colour, sleeveless with stirrups)  
White socks, black tie tap shoes with Teletone taps or black low heel Oxford Tap shoes with  
Teletone taps(needed for exams)

#### **Grade 3, 4, 5, 6, Intermediate & Advanced**

Any colour keyhole leotard, black lycra leggings  
White socks, black low heel Oxford tap shoes with Teletone Taps

### **MODERN**

#### **Grade 1, 2 & 3**

Catsuit (Lycra, any colour, sleeveless with stirrups)  
bare feet

#### **Grade 4,5,6,Intermediate & Advanced**

Any colour keyhole leotard and black lycra leggings  
bare feet

**INSTEP DANCE SHED Stocks Farm Ln, Rayne, Braintree CM77 6SY**

## **COMMERCIAL**

### **All levels**

CSOD t-shirt or CSOD crop top.

CSOD shorts or CSOD leggings or CSOD joggers or your own plain black shorts, black leggings or black joggers.

## **MUSICAL THEATRE**

### **All levels**

CSOD t-shirt.

CSOD shorts or CSOD leggings or CSOD joggers or your own plain black shorts, black leggings or black joggers.

## **BODYCON**

CSOD t-shirt or CSOD crop top.

CSOD shorts or CSOD leggings or your own plain black shorts or black leggings.

## **ACRO**

*Option 1:* CSOD plain black leotard with CSOD shorts or CSOD leggings.

*Option 2:* CSOD plain black Bra-Tek leotard with CSOD shorts or CSOD leggings.

*Option 3:* CSOD crop top with CSOD shorts or CSOD leggings or your own plain black shorts/black leggings.

## **BOYS**

### **Ballet & Modern**

White tight-fitting t-shirt with plain black cycle shorts. Black ballet shoes with elastic.

Black Jazz shoes for Grade 4 and over.

### **Tap**

White tight-fitting t-shirt, black Jazz Trousers, black low heel Oxford or jazz tap shoes.

### **Acro**

White tight-fitting t-shirt with CSOD shorts.

### **Commercial**

CSOD t-shirt

Your own plain black shorts or black joggers.